

Self Concept Assignment

This assignment serves a few purposes: first we have an opportunity to get to know each other, secondly students present an informative speech on themselves (which is required for the content of the course), and students learn about the formation of their identity.

Students are challenged to think about who they are? How much culture has influenced how they see the world and how they act? What makes you smile? Where do you go? what do you do? What are you willing to share? And what do you consider more private? Our self-concept has many layers. There is an old expression that says “we all wear many different hats depending on who and where we are” this saying refers to the many ways we present ourselves in the world. Everyone is multidimensional. For example you are not just a student in my class, you are also a daughter or son, a friend, a sibling, a co-worker, etc. Take some time to think of the many different “hats” you wear and create an actual hat that can give us a glimpse of your Self-Concept.

Design a hat that represents your Self Concept. This hat can be made out of any thing, (e.g. paper, fabric, felt or an existing prefabricated hat). There are no limitations on size, color, or shape of the hat; so be creative and have fun. As a guide please read the questions on the other side of this page. Use creativity to help you answer some of the questions when decorating your hat. You will present your hat in a 2 to 3 minute presentation focusing on three aspects of your life. (In other words the hat may show 20 sides of your persona but you will focus on only three of them for the verbal portion of the presentation.)

You must share three main points about your self-concept presentation. Here are the guidelines: One requirement is a childhood photo of you. In the presentation I want you to think of how you are the same and how you are different from that child in the photograph. The photo topic must be one of your three main points. Another main point should be something that is relatively easy to share – something you would have no problem sharing with anyone (even strangers). This should be basic information about who you are (ethnicity, skills, or interests). The third main point is a bit different – this main point must be something that is not well known about you – something you do not share easily. This should include a dream/wish for the future or something that is a bit harder to share. This could be information that most of your friends do not know or at the very least something you do not offer or admit to strangers. That is it – those are your three main points:

1. Your childhood photo
2. Information that is fairly common about yourself
3. Information you keep a bit closer and do not often share.

Graded Components:

1	Creatively made "Self Concept HAT"	(30 points)
2	Full sentence outline 3 main points, utilizing the format taught in class	(20 points)
3	Verbal presentation 2 – 3 minutes	(50 points)

What Kind of Hat Suits You? Why? What does it represent?

Baseball Cap	Beanie	Chef Hat
Top hat	Football Helmet	Easter Bonnet
Santa Hat	Construction Hat	Visor
Cowboy Hat	Beret	Panama Hat
Derby	Straw Hat	Fedora

Questions to Guide your Thoughts or Help you Decorate your Hat:

1. What is your first and last name?
2. What are some of the social roles with which you identify?
3. What are your goals and dreams?
4. What are your strengths?
5. What are your weaknesses?
6. What animal do you most identify with and why?
7. What was your most embarrassing moment?
8. What was the best day of your life so far?
9. What has been the worst day of your life so far?
10. What are some of your hobbies?

11. What is your favorite color?
12. What is the subject of your recurring daydreams?
13. Who is in your family and what are they like?
14. What is your religious affiliation and how important is it in your life?
15. What is the central moral principle that guides your life?
16. Where do you work? Where do you want to work?
17. Who is your hero? Why?
18. Do you have any pets?
19. Do you have a car? What would be your dream mode of transportation?
20. Who is your best friend? Why?
21. What are you really good at? Special talents or Skills???
22. What is your major? Why did you pick it?
23. What book/movie/story has motivated or moved you the most?
24. If you could travel anywhere in the world where would you go and why?
25. How do you define privacy?